

THREE WEEK MENU

SPRING/SUMMER 2022

OUR NEW MENU
CHOSEN BY
PARENTS AND
CHILDREN



YOUR
FAVOURITES
AVAILABLE
EVERY DAY



WEEK 1 MENU

W/C: 18/04, 09/05, 20/06, 11/07



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hot Main Dish

Cheese and Tomato Pizza
Cheesy tomato topped pizza slice with potato wedges

Allegra's Proper Chicken Pie with Mashed Potato

Roast Chicken with Roast Potatoes and Gravy
Succulent roast chicken with fluffy roasties and tasty gravy

Beef Bolognese
A classic Italian beef Bolognese in a yummy tomato sauce

Golden Fish Fingers and Chips
Crispy fish fingers and scrummy chips

Alternative Dish

Macaroni Cheese
Cheesy macaroni pasta

Allegra's Broccoli and Cauliflower Cheese Pie
Cheesy broccoli and cauliflower with a shortcrust topping

Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy
A chunky sweet potato and chickpea roast

BBQ Veggie Burger

Quorn Dippers and Chips
Crispy Quorn nuggets

Salads

A Selection of Fresh Salads
Including lettuce, cucumber, tomato, grated carrot

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Jacket Potato

Jacket Potato with a choice of fillings

Jacket Potato with salmon mayonnaise and a choice of fillings

Jacket Potato with a choice of fillings

Jacket Potato with a choice of fillings

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Pasta

Tomato Pasta
A delicious fresh, homemade tomato sauce with penne pasta

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Vegetables

Green Beans and Sweetcorn

Peas and Broccoli

Carrots and Cabbage

Broccoli and Sweetcorn

Baked Beans and Peas

Desserts

Vanilla Ice Cream

Secret Brownie

Shortbread Biscuit with Fruit Slices

Banana Cake

Crispy Crackle Bar

SPRING/SUMMER 2022

PACKED LUNCH—AVAILABLE DAILY

HAM OR CHEESE SANDWICH OR DAILY SPECIAL WITH VEG STICKS AND FRESH FRUIT OR BEAR YO YO OR DESSERT OF THE DAY

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

Vegetarian **Oily fish** **Wholegrain** **Fruity!** **Nutritionist's Choice**

WEEK 2 MENU

W/C: 25/04, 16/05, 06/06, 27/06, 18/07



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SPRING/SUMMER 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Cheese and Tomato Pizza Cheesy tomato topped pizza slice with potato wedges	Chicken Korma With rice	Roast Turkey with Roast Potatoes and Gravy Succulent roast turkey with fluffy roasties and tasty gravy	Cottage Pie A classic cottage pie with veg and gravy	Golden Fish Fingers and Chips Crispy fish fingers and scrummy chips
Alternative Dish	Veggie Bolognese Penne pasta in a yummy tomato sauce	Veggie Lasagne served with a bread wedge Delicious sheets of pasta layered with veggies and tomato sauce	Creamy Vegetable Pie with Roast Potatoes and Gravy Creamy vegetable pie with a cheesy shortcrust topper	Veggie Balls In Tomato Sauce with Pasta with Pasta	Quorn Dippers and Chips Crispy Quorn nuggets
Salads	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot
Jacket Potato	Jacket Potato With a choice of fillings	Jacket Potato With a choice of fillings	Jacket Potato With a choice of fillings	Jacket Potato With a choice of fillings	Jacket Potato With a choice of fillings
Pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta
Vegetables	Carrot Sticks and Cucumber Sticks	Peas and Broccoli	Carrots and Cabbage	Green Beans and Sweetcorn	Baked Beans and Peas
Desserts	Flapjack with Fruit Slices	Orange Shortbread with Fruit Slices	Crunchy Chocolate Biscuit	Raspberry Ripple Cake	Vanilla Ice Cream

PACKED LUNCH—AVAILABLE DAILY

HAM OR CHEESE SANDWICH OR DAILY SPECIAL WITH VEG STICKS AND FRESH FRUIT OR BEAR YO YO OR DESSERT OF THE DAY

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

Vegetarian Oily fish Wholegrain Fruity! Nutritionist's Choice



WEEK 3 MENU

W/C: 02/05, 23/05, 13/06, 04/07



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hot Main Dish

Cheese and Tomato Pizza
Cheesy tomato topped pizza slice with potato wedges

Chicken Tikka Masala
with Rice

Roast Chicken
with Roast Potatoes and Gravy
Succulent roast chicken with fluffy roasties and tasty gravy

Beef Bolognese
A classic Italian beef Bolognese in a yummy tomato sauce

Golden Fish Fingers and Chips
Crispy fish fingers and scrummy chips

Alternative Dish

Veggie Sausage and Mash
with Gravy
Fluffy mash with veggie sausages and rich gravy

Macaroni Cheese

Quorn Roast with Roast Potatoes and Gravy

Vegetable Korma
with rice

Tomato Veggie Burger
With Chips

Salads

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Pasta

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Vegetables

Peas and Carrots

Sweetcorn and Broccoli

Carrots and Cabbage

Green Beans and Sweetcorn

Baked Beans and Peas

Desserts

Lemon Slice

Oatie Biscuit with Fruit Slices

Carrot Cake

Fruity Brownie

Strawberry Ice Cream

SPRING/SUMMER 2022

PACKED LUNCH—AVAILABLE DAILY

HAM OR CHEESE SANDWICH OR DAILY SPECIAL WITH VEG STICKS AND FRESH FRUIT OR BEAR YO YO OR DESSERT OF THE DAY

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

Vegetarian
 Oily fish
 Wholegrain
 Fruity!
 Nutritionist's Choice

