

St. Margaret of Scotland Catholic Primary School & Pre School



Headteacher: Mr S Chiswell, BA Ed (Hons) NPQH
Rotheram Avenue, Luton LU1 5PP
Tel: 01582 723430
E-Mail: admin@stmargarets.luton.sch.uk
Website: www.stmargarets.luton.sch.uk



Parent Curriculum Information

Relationships & Health Education (RHE)



Ten:Ten
Resources

YEAR R

For more information please access the Parent Portal as follows:
<https://www.tentenresources.co.uk/parent-portal/>

Username: parents@stmargarets.luton.sch.uk
Password: Margaret_1

Diocese of
Northampton
Luton Borough
Council



ADVENT TERM

Pupils will be learning:

CREATED AND LOVED BY GOD

Religious Understanding

Pupils hear the story of creation, where God created the earth, sea, stars, plants, animals and humans. The five-story sessions encourage pupils to creatively explore this topic and help them to deeply know that they are created by God out of love and for love.

Parent Portal Links:

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/handmade-with-love/>

Key Vocabulary:

creation God dark still light daytime night-time sky sea land plants sun moon stars fish birds animals people man woman Adam Eve children special earth love rest one two three four five six seven first second third fourth fifth sixth

Suggested activities for home:

Take a walk outside with your child and notice the different things that God has created.

Pupils will be learning:

Me, My Body, My Health

Pupils will learn about their uniqueness in real terms, including celebrating differences and individual gifts, talents and abilities. They will learn about looking after and using their God-given bodies and develop their vocabulary around this topic.

Parent Portal Links:

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/i-am-me/>

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/heads-shoulders-knees-and-toes/>

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/ready-teddy/>

Key Vocabulary:

similar different same unique special God's children love likes dislikes gifts talents skills running jumping hopping climbing balancing walking crawling flapping pointing splashing waving bending stamping shaking smiling talking eating drinking singing drawing dancing sleeping playing laughing painting building hugging kissing head hair eyes ears mouth shoulders back arm fingers thumb nose hand elbow leg foot knees toes ready prepared responsibility duty body gift God look after creation trust special job diet exercise sleep keeping clean brush teeth flush the toilet wash hands brush hair

Suggested activities for home:

Discuss diet, exercise, sleep and personal hygiene with your child, encouraging them to take more responsibility for themselves.

Pupils will be learning:

Emotional Well-being

Pupils will learn about likes, dislikes and self-acceptance. They will learn how to describe different feelings, both good and bad. Finally, they will learn that actions have consequences; that when we make mistakes we should say sorry and ask for forgiveness.

Parent Portal Links:

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/i-like-you-like-we-all-like/>

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/eyfs/all-the-feelings/>

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/lets-get-real/>

Key Vocabulary:

like dislike similar different good bad gifts talents special unique loved God happy share thank you rest play safe needs respect feelings inside happy sad angry cross mad frightened worried surprised difficult pleasurable information trusted adult God's love help comfort welcome feelings actions consequences thinking important amazing happy proud embarrassed sad left out angry upset annoyed ashamed mean forgiveness behaviour mistakes God's love

Suggested activities for home:

Discuss with your child what they like doing and why, and ask if they might like to do more of it. Share with them things that you like doing and discuss how important it is that we make time for doing things we like – even adults!

LENT TERM

Pupils will be learning:

CREATED AND LOVED BY GOD (CONTINUED)

Life Cycles

Pupils will explore the natural human cycle of life, focusing on what children can remember about their development so far and what they know will happen as they get older. Pupils will also recall changes that came with starting school and identify changes to come – learning that they can cope with change. This is underpinned by the religious understanding that growing up is part of God's plan for our lives and that we are loved by Him at every life stage.

Parent Portal Links:

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/growing-up/>

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/new-people-new-places/>

Key Vocabulary:

growing changing life cycle human baby older baby toddler child older child teenager adult elderly person God's plan responsibility loving kind generous change classroom teachers classmates friends feelings experiences rules routines growing up looking forward Year 1 move transition God's love God's plan

Suggested activities for home:

Show your child pictures of them when they were a baby. You could even tell them funny stories about things they used to do that they could tell their class! You could also share pictures of yourself as a baby and discuss the different life stages you have been through that they haven't (older child, teenager, adult).

Pupils will be learning:

CREATED TO LOVE OTHERS

Religious Understanding

This unit helps pupils to understand why the Bible is so special to Christians, and secondly helps pupils to act out the Gospel account of Jesus washing His disciples' feet, showing that He loves us and is a role model for us to copy in loving one another.

Parent Portal Links:

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/role-model/>

Key Vocabulary:

Bible story God's family Jesus role model example love sharing caring being kind please thank you helping

Suggested activities for home:

In this unit pupils are challenged to follow in the footsteps of Jesus by showing His love to those around them. Praise them when they are kind and caring at home, and perhaps pray together, thanking God for His love and asking for His help to live like Jesus.

Pupils will be learning:

Personal Relationships

Pupils will expand their vocabulary by applying names to different family/friend relationships, consider positive/negative behaviour in relationships and learn to look to Jesus as their role model for a good friend. Pupils will learn to resolve conflict and the importance of asking for forgiveness: that when we hurt others, we also hurt Jesus – but that Jesus teaches us how to forgive ourselves and others.

Parent Portal Links:

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/whos-who/>

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/youve-got-a-friend-in-me/>

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/forever-friends/>

Key Vocabulary:

family friends others mum dad sister brother auntie uncle grandad teacher priest cousin gardener police officer post delivery person shopkeeper classmates special people trust love care God's family friend nice kind friendly generous fair honest loyal patient trusting caring respectful unkind hurtful mean rough mistakes forgiveness inappropriate good bad friend kind listen share care fair sorry mistakes forgiveness choice feeling forget hurt role model courage

Suggested activities for home:

Help your child to find information about your family – where do they come from; how many people are there in their family?

Pupils will be learning:

Life Online

This unit introduces pupils to the internet and how we use it. This draws on both positives and negatives of internet use, moving into pupils learning some basic rules to help them stay safe online.

Parent Portal Links:

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/what-is-the-internet/>

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/playing-online/>

Key Vocabulary:

internet network connect computers information device phone/smartphone laptop tablet shopping video call YouTube game moderation expensive careful trust strength gift internet network connect computers information device phone/smartphone laptop tablet safe unsafe appropriate website advert pop-up comforting reassuring peaceful protected happy free God's gift

Suggested activities for home:

The session discusses things we do and don't need the internet for. Invite your child to recall some of these things and then plan with your child a day or time you will all go 'device free' to spend time without the internet, together!

PENTECOST TERM

Pupils will be learning:

Keeping Safe

In this unit pupils learn practical ways to stay safe inside and out, about bodily privacy (including the NSPCC PANTS message that 'privates are private') and the importance of talking to their 'special people' if anything troubles them. Pupils will learn about medicine safety and the people who help us in. All these topics are underpinned by the religious teaching that we are created and loved by God, with bodies and minds that He wants us to keep safe.

Parent Portal Links:

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/safe-inside-and-out/>
<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/my-body-my-rules/>
<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/feeling-poorly/>
<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/people-who-help-us/>

Key Vocabulary:

accident safe unsafe outside inside online helmet stabilisers seat belt sunscreen hat water inflatable ring armbands roads oven radiator washing capsule/powder cleaning products iron plug sockets matches knives wet floor bodies minds God's gift loving caring listening helping friend rules boundaries behaviour un/acceptable privates are private underwear worried grumpy cross sad upset special people poorly sick hurting sore throat headache medicine tablets liquids needles feeling better throat sweets drugs harm special people doctor God bodies gift

Suggested activities for home:

Help your child to learn your address and practice what you would say if you were ever in an emergency and had to call 999.

Pupils will be learning:

CREATED TO LIVE IN COMMUNITY

Religious Understanding

This unit introduces in a very simple way the concept of the Trinity, where God is three-in-one and each part loves the others and loves us. Pupils will come to understand that as we are made in the image of God, we are designed to love God and love one another in our wider communities too. Through the story of Jesus feeding the 5000 with just the humble offering of a small boy, pupils will learn that our loving actions can be used by God to do incredible things.

Parent Portal Links:

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/god-is-love/>
<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/loving-god-loving-others/>

Key Vocabulary:

Holy Trinity of God Father Son Holy Spirit three in one three persons made in the image of God care love God love others community school family friends Church neighbours villages towns cities counties countries world action incredible miracle

Suggested activities for home:

In this session, pupils were challenged to fill a 'Caring Cross' with acts of love (colouring in squares when caring or loving actions were identified by an adult). You might like to make one of these at home for the whole family – not for use as a reward chart, but as a way to celebrate acts of love within your household.

Pupils will be learning:

Living in the Wider World

This unit helps pupils learn about the responsibilities they have to people, places and the planet now and increasingly as they get older. Pupils will begin to explore the working world of jobs, focusing on their current strengths and aspirations. Money is also introduced, with both underpinned by the religious understanding that our true value comes from God.

Parent Portal Links:

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/me-you-us/>
<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/when-i-grow-up/>
<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/money-doesnt-grow-on-trees/>

Key Vocabulary:

love community school family friends Church neighbours villages towns cities counties countries world respect different unique responsibility charity people planet creation

Suggested activities for home:

Money comes in all shapes and sizes and perhaps nowadays people generally use less cash than in the past. However, it is important for pupils to be able to recognise coins and notes as well as understand that there are other ways to pay, e.g. by using a bank card or mobile app. Allow your child to handle real money and recognise coins by their colour, shape and size. Show that coins and notes have numbers on them to represent their value. Extend this by making a game of asking your child to point to the most valuable coin or order the coins. There are plenty of board games available that would also reinforce money and shopping skills.