



PSHE/RHE Coverage



Aim	PSHE education is a subject through which pupils should develop the knowledge, skills and attributes they need to manage their lives, now and in the future. Pupils should learn about how to stay healthy and safe and pupils should be prepared to make the most of life and work						
	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Advent 1	<u>Understanding the World</u> People, Culture and Communities Created by God	<u>Health and Wellbeing</u> Ourselves, growing and changing We are unique	<u>Health and Wellbeing</u> Ourselves, growing and changing Body, mind and soul	<u>Health and Wellbeing</u> Mental Health Life is precious	<u>Health and Wellbeing</u> Mental Health Life is precious	<u>Health and Wellbeing</u> Emotional Wellbeing Body Image Intense feelings	<u>Health and Wellbeing</u> Me, My Body, My Health Changes during puberty
Advent 2	<u>PSED</u> Managing Self Naming body parts and healthy lifestyle	<u>Relationships</u> Personal Relationships Teasing/Bullying	<u>Health and Wellbeing</u> Me, My Body, My Health Naming Body Parts (inc. genitalia)	<u>Relationships</u> Personal Relationships Bullying	<u>Health and Wellbeing</u> Me, My Body, My Health Puberty	<u>Health and Wellbeing</u> Life Cycles Menstruation Grief	<u>Living in the Wider World</u> Media Literacy and Digital Resilience Harmful online material
Lent 1	<u>Understanding the World</u> Past and Present Growing, changing and transition	<u>Living in the Wider World</u> Media Literacy and Digital Resilience What is the internet?	<u>Health and Wellbeing</u> Emotional Wellbeing Feelings	<u>Living in the Wider World</u> Media Literacy and Digital Resilience Sharing online	<u>Health and Wellbeing</u> Emotional Wellbeing hormones	<u>Relationships</u> Safe Relationships Cyberbullying	<u>Health and Wellbeing</u> Life Cycles Making Babies
Lent 2	<u>PSED</u> Building Relationships Making Friends	<u>Relationships</u> Safe Relationships Respecting privacy and getting help Keeping Safe Medicines and drugs	<u>Health and Wellbeing</u> Life Cycles From young to old	<u>Relationships</u> Keeping Safe Personal boundaries Drugs, alcohol & tobacco Rules and Laws	<u>Health and Wellbeing</u> Life Cycles Human life cycle	<u>Relationships</u> Keeping Safe Drugs, alcohol and tobacco Emergency First Aid – DR ABC	<u>Relationships</u> Personal Relationships Consent Prejudice
Pentecost 1	<u>PSED</u> Building Relationships People Who Help US	<u>Health and Wellbeing</u> Keeping Safe Calling 999	<u>Living in the Wider World</u> Communities Belonging	<u>Living in the Wider World</u> Shared Responsibility Community	<u>Relationships</u> Keeping Safe Female Genital Mutilation	<u>Living in the Wider World</u> Shared Responsibility Catholic Social Teaching	<u>Relationships</u> Keeping Safe Types of Abuse



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Pentecost 2	<u>Understanding of the World</u> People, Cultures and Community Belonging to a Community Gifts and talents What is money?	<u>Living in the Wider World</u> Economic wellbeing: Money Sources and forms of money Jobs are a way of earning money	<u>Living in the Wider World</u> Economic wellbeing: Money Sources and forms of money Jobs are a way of earning money	<u>Living in the Wider World</u> Types of jobs Economic wellbeing: Money Risks of Gambling	<u>Living in the Wider World</u> Types of jobs Economic wellbeing: Money Risks of Gambling	<u>Living in the Wider World</u> Career pathways Economic wellbeing: Money Saving and spending	<u>Living in the Wider World</u> Career pathways Economic wellbeing: Money Saving and spending
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