Talk about how you have changed since you were a baby. What can you do now that you couldn't do before?

# xnowledge Map

Traditional Tales!

# EYFS Lent 2

# <u>Understanding the World</u>

### How do we change as we grow?



**Baby:** Babies need their parents to feed them, dress them and change their nappy.



Child: Children learn how to talk, walk, dress and feed themselves. They start school and learn how to read and write.



Adult: Adults are fully grown people. They can go to work and could get married and have children of their own.



Elderly: As adults grow older, their hair might start turning grey and their skin might turn soft and wrinkly.

Draw and write about something you would like to learn to do as you grow older.

Oxford **Oxford Owls** Log in to access e-books and phonics activities. Username: eyfsbernadette or eyfsclare **Password:** school

Personal, Social and Emotional Development



## Prayer to learn:

Lenten Promise

For forty days of Lent, to do my best I'll try. I remember how you suffered Lord and on the cross you died. I thank you that on Easter day, you rose and came alive. Be with me, Lord, throughout this Lent; Be with me as I strive. Be with me as a I promise, to do some good each day. To keep my resolution; Please help me, Lord, I pray. Amen.



### Key facts to learn:

- Brush your teeth twice each day
- you eat.
- Have a wash, bath or shower every day.
- Drink plenty of water.
- Eat a healthy range of foods, including lots of fruit and vegetables.
- Get some fresh air and exercise every day.
- Get plenty of sleep so that your body can rest, recover and grow stronger.





### healthy?





Wash your hands after using the toilet and before







